<u>Applying Cotton Tube Gauze (Meditube™)</u> <u>Fingers-Toes-Arms</u>

Step 1)

Place a generous amount of Meditube onto plastic or steel applicators

Step 2)

Insert finger or toe inside applicator

Step 3)

Place Meditube onto fingers or toes (applicator is still on finger/toe)

Step 4)

Slowly remove applicator while holding Meditube on finger or toe

Step 5)

Carefully cut Meditube with scissors

If a Second layer is desired, reapply by starting with Step 1

<u>Cotton Tube Gauze (Meditube™) - Finger Application</u>

Shown with stainless steel applicator #MTTG318C





Cotton Tube Gauze (Meditube™) Finger Application (continued)

Shown with stainless steel applicator #MTTG318C





Cotton Tube Gauze (Meditube™) - Arm Application

Shown with stainless steel applicator #MTTG321C

